

TIMES DAILY MAGAZINE PAGE FOR EVERYONE

War-Like Names of Styles Show Effect of European Conflict on Dame Fashion

"Triple Entente," "Alberte," and "Tipperary" Cloth Are a Few of the New Names for Old Friends in the Latest Roster of Fashion.

By MARGARET MASON.

There's a new cloth called Tipperary. It will be quite the go. In a sport coat for little Mary. Or the swiftest girl you know. Goodbye to tweed and homespun. Goodbye to fair. There's a new cloth called Tipperary. And it's smart to wear.

NEW YORK, Feb. 6.—Everybody is singing the praises of a new fabric for sport coats and suits called Tipperary cloth. Everybody also who is anybody when it comes to the clothes line of distinction is preparing to make herself shipshape for spring in a coat of "dreadnought gray."

The answer is that it is quite the thing to name new colors, new fabrics, and new models this year by some name closely allied to the allies or at least some phase of the war.

"Triple Entente" is the striking title for one new model and "Alberte" is a fetching tribute to the Belgian King. In old blue velvet striped chiton over an old gold slip.

Cossack and Russian fashions are still prevalent, and also the little khaki Tommy Atkins suit, but its sand-colored "chicness" is becoming almost as legion as the sands of the desert. It seems that the heads of the fair ones more than their hearts are prodded, for the helmet effects in chapeaux are still to the fore, and many are the straw ones leading the fashionable sort of an crushing spring bonnet.

Russian peasant dresses have proved the inspiration for an elaborate evening gown shown by Louise. It is developed in sage green cord and has the tight fitting bodice cut out with a square décolleté and laced up the sides under the arms with gold cord. The skirt is full and has the semblance of an apron worked out in heavy gold embroidery.

Military effects have also invaded the ranks of the evening gowns, and a saucy little model of midnight blue chiton has its full skirt braided in gold around the deep hem and up the front, and the tight bodice has gold

cord draped across the front and up the shoulder in lieu of more substantial sleeves. Indeed all the gold braid and brass buttons and gold fringes that have been cast aside in modern warfare in favor of the inconspicuous khaki attire, seems to have been snatched up by the dress-makers and designers and turned to shining account on the frocks and turbans of the ladies. Fringe in particular, gold or silver, is very smart edging ruffles and even the extreme edges of the full skirts themselves. Military sashes fringed with gold are a dashing touch to many an afternoon frock. One cadet blue gabardine model with gold braid frog up the front actually had sprouted gold-fringed epaulettes. It looks as if you needn't be surprised soon to discover sabres and rifles as part of a lady's vanity kit.

Since Paris has put a ban on all hectic hues, violet and gray are the two favored shades. The gray of the morning is the softness of velvet so akin to the somber black now worn by almost all the charming women of the French capital. All tones of the violet are good, running the gamut from deepest royal, purple to palest lavender and mauve and down deep into slate and gun-metal with unvaried degrees of smartness, save that the newest gray dubbed "dreadnought" is perhaps just the front more popular for the moment. It is all that its name implies, being the exact color of battle cloth.

Alas, however, the war is not content to haunt its strong influence on our fashions alone. It has reached right up into our faces and most disastrous are bound to be the results. The whole complexion of things threatens to be changed and many are the feminine countenances that will show the battle scarred ravages of war. What haven't you heard—there is a war tax now in powder (face of course) sold cream, lotions of all beautifying sorts, rouge and lipstick, grease or dry, and beauty spots? Oh, we are well! Isn't it just like the stupid men who make the laws to cut it an internal revenue tax when anyone can see on the very face of things it most vitally affects externals? (Copyright by Newspaper Feature Service.)

According to Mr. and Mrs. Vernon Castle The Gavotte Is Danced Like This



Second position. Rock back on the other foot for two beats.

The Beautiful Gavotte, One of the Most Simple of Dances, Has Been Modernized for Its Presentation in the Ballroom of Today.

Described by VERNON CASTLE.

It was Mademoiselle Pastowa who has shown this generation how beautiful the gavotte really is, and in doing so she has proved the value of simplicity in dancing.

I have not yet, however, seen it generally danced in the ball room, the reason for which I feel may be that, as taught, it has not been sufficiently modernized for the ball room. It is with this end in view, therefore, that I make my humble effort to teach, and my appeal to you to dance the new gavotte. The music for the gavotte can be purchased in any music store, and you will find scores of selections from which to choose.

"The Glow Worm" Best Music.

The most popular modern piece of music, and probably the easiest to learn the dance by, is "The Glow Worm." My wife and I, on our recent tour, used the "Norwegian Dances," by Grieg. You commence the modern gavotte by rocking forward, the lady on her right foot, the gentleman on the left. The lady with a slight pressure of the hands, and as long as you remember that all the steps are practically the same—that is, a backward step.

Common Sense and Babies. EVERY young mother thinks she is the wisest woman in all the world, and that she knows more about babies than her mother ever did. Her husband stands up for her exultantly, and together they arm themselves with trench themselves with the latest scientific volumes on babies, the magazine, the "back-slap" way of grandmother. There is just one thing that the mother of one little first-born forgets when she refuses the advice of the mother of six.

She forgets that neither golf, nor swimming, nor any other thing in the world can be learned and put into actual practice exactly as THE BOOK SAYS IT DOES. She forgets, in other words, that between actual and the mother there is a wide gulf.

Girls! Lots of Beautiful, Glossy Hair! NO MORE DANDRUFF—25 CENT DANDERINE

Hair coming out? If dry, thin, faded, bring back its color and lustre.

Within ten minutes after an application of Danderine you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what is as pretty and soft as any—that it has been neglected or injured by careless treatment that's all you surely can have beautiful hair and lots of it if you will just try a little Danderine. —Adv.

Too High Blood Pressure Is Best Reduced By Sleep, Fresh Air, and Mild Diet

By DR. LEONARD KEENE HIRSHBERG. (Copyright, 1915, by Newspaper Feature Service, Inc.)

ANY modern cities nowadays, in preparation for great fires, have what is known as a high pressure system of water pipes. In these underground tubes, water is always kept under great pressure by a system of machines and pumps at a pumping station some distance away. If the pumps cease at any moment to work, the pressure of water in them falls, should an emergency then occur, such as some serious conflagration over a large city area, extensive damage would follow.

When the human machine begins to develop within its pipes—the arteries and veins—a high pressure system of its own, the whole human economy undergoes a change to meet the new state of affairs. In infancy, childhood, youth, and placid middle life, if no accidents, maladies, or inherited disorder interfere, the vital stream as it is greatly pumped forth from the muscular bag called a heart receives only so much impetus, push and squeeze, as is necessary to drive the blood from the tiny arteries at the most distant points of the capillaries and veins. Thence the veins squeeze it onward upon its return voyage to the heart.

Short Strains Worst. At all times in a living mammal this normal blood pressure is maintained by the heat and work of the heart, the tone and elasticity of the veins and arteries, the amount of blood present, its thickness or thinness, and the resistance of the tiny arteries and veins in the skin. If the slightest disorder, instability or lack of equalizing balance takes place in any of the half-dozen elements which are concerned with normal blood pressure, that pressure at once goes either higher or lower than that of average good health.

The disturbances of blood pressure which accompany and follow hardened arteries, the thyroid gland, and overeating are unquestionably exceeded by the number which exercise, muscular exertion, and dancing where too much from the muscles than from all the other of his celebrated five senses, the

slogan of kindergarten and college has been to encourage athletics. Ball playing, dancing, skating, swimming, cycling, golf, tennis, calisthenics, and gymnastics all kinds have all their dangers no less than their all efficiency. The extremes of muscular competition are worse even than molly-coddling. The strain of a quarter-mile dash is much worse than that of a marathon, and no running at all may be almost as bad.

In healthful men and women who indulge in violent exercise a high blood pressure is always to be found. At the conclusion of gymnastics or any kind of sustained muscular work, and, for some time afterward, the blood pressure remains abnormally high.

Principles of Reduction. Exhaustive athletics, dancing or gymnastics is then punctuated with abnormally low blood pressure. The more the exertion, the lower is the pressure. If this "negative phase," as physical directors are wont to call it, lasts for more than an hour or two, it means that you have no business to engage in such strenuous muscular endeavors. Exercise in such individuals, if violent or prolonged beyond a few minutes, may incite permanently high blood pressure and even hardened arteries.

Low blood pressure may assert itself in a variety of conditions. Any affection of the suprarenal glands exhibits this "hypotension." Sugar disease, diabetes, coma of epilepsy, diphtheria, typhoid fever, wasting maladies, cholera, hemorrhages, paresis, tuberculous, and late stages of pneumonia are associated with low blood pressure. The treatment of altered blood pressure has for its first principle the discovery of the underlying cause. Among the medicines that doctors may use to lower a high blood pressure are vasomotor, mannitol hexantrate, agurin, erythrol tetrantrate, a natural ether which causes the veins, arterioles and capillaries of the skin to open widely and become less resistant to the heart pump. The treatment of altered blood pressure just as the suprarenal gland raises it. And laxative reduce high blood pressure, except in inactive business men, thinners, and dancers where too much from the muscles than from all the other of his celebrated five senses, the

Answers to Health Questions

Droopy occurs in twenty different diseases, each has a different remedy.

Q. Mrs. A. E. B.—I have two daughters who have acne on their face, neck and shoulders. What can you suggest as a remedy?

A. They should avoid greasy, oily and hot foods, sweets, pastries, candies, starches and sour things. Have them apply to the face a weak solution of salicylic acid, 15 grains, in 15 drams; distilled water, 2 ounces. The x-ray will also help a great deal.

Q. B. H. K.—I was operated on for appendicitis two years ago, and my legs and whole body have not felt right since. What would you advise?

A. Electricity, massage and gymnastic exercises will help a great deal. Also keep up the bicycle riding.

Q. A. Constant Reader.—What is a simple cure for the tobacco habit?

A. Glycine of 10 grains may be applied to the stomach. Also chew a few pieces of licorice, and keep yourself of the habit.

Q. Avoid all solid foods, eat apples, oranges, figs, prunes, dates, oatmeal, shredded wheat and other cereals, and drink 2 quarts of distilled water half an hour before each meal. Take seven grains of cod liver oil before meals before meals and six grains of tablets after.

Q. A. N. What remedy would you advise for a weak heart?

A. A good shower may help you. There are fifty-seven different varieties of weak heart, and each may be helped a different way.

Q. I. W.—What forms of exercises should I take for an enlarged joint due to gout?

A. Manipulate the joint back and forth by bending. Use an electric battery over the neck, shoulders and arms when you have the headaches, and apply electricity to the head. Take fifteen drops of aromatic spirits of ammonia in water when you have the headaches.

Q. S. D.—When I go out in the air, my head aches and my eyes are sore in the stomach. I am a mother of nine children. What do you suggest?

A. You should have three hours sleep in the afternoon, and from eight to ten hours sleep at night. Take a cold shower over the neck, shoulders and arms when you have the headaches, and apply electricity to the head. Take fifteen drops of aromatic spirits of ammonia in water when you have the headaches.

Peter's Adventures in Matrimony

No. 34.

Where Mary Went. ARY appeared at 1. looking rosy and radiant. I felt that she was keyed to a pitch that only dignified silence could temper, therefore I lay still and closed my eyes. I had just been seeing that Mary looked at my lurch with lifted brows.

I find that a nervous impatience will drive most women to take the bull by the horns. I expected Mary to back the silence. She didn't. She professed to believe I was asleep, and tiptoed around the room, taking off her hat and veil.

I decided to let my eyes. Mary, busy with her veil, was quite unaware that I had awakened.

"Where have you been?" I asked, finally, and though I tried to keep a hint of displeasure out of my voice I wasn't successful.

"Oh," said Mary, "are you awake, Peter?"

"I've been nothing else," I assured her with dignity. "It isn't possible for me to be anything but in the sunshine. My sunburn isn't subservient to a frivolous mind."

"What in the world are you talking about?" interrupted Mary, her eyes wide with astonishment.

"I mean," said I, showing my hand as any man would if he's goaded enough, "that I consider a dandied sedition of you to tell me that and leave me alone all morning. That's precisely what I mean and nothing else."

Mary sat down helplessly and stared at me, and I was not sure but what there was a grain of histrionic zeal in the act.

"And after you practically said that I was a nuisance and a pest—"

"I said nothing of the sort, Mary, and you know it. You're merely throwing a sop to your conscience."

"There's no earthly reason," said my wife, looking out of the window, "why my conscience should trouble me. I left you a morning of peace and quiet which you desired above all things. I left you to the pursuit of various ball games and things, and I haven't fussed over you or asked you how your tour-tour felt. Altogether proving the motto, 'you're a good sport, Peter, by your expressed idea of the morning you like to spend—I should say it had been ideal.'"

A Wonderful Morning. "You're just like every other man," said Mary with an assurance that mystified me—for Mary isn't, as a rule, given to analysis or a ready expression of it when she is—(you growl and growl when a woman pets and fusses over you, and you say you don't like it, and all the time you're—quite mad about it. It fosters your lord of creation sense. And then when somebody takes you at your word and leaves you to your—your old peace and quiet, you brood and consider yourself neglected, and get a fearful grouse on, and—"

"While you were here, Peter, you know, whenever I spoke to you, and you calmly expressed something sarcastic about my inquiries. When I have you been, anyway?" I insisted.

"Moorings," said Mary. "I said nothing of the sort, Mary, and you know it. You're merely throwing a sop to your conscience."

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Next step gentleman still faces lady, but his position is at the side instead of directly in front.

"Norwegian Dances," By Grieg, and "The Glow Worm," Two of the Pieces of Music to Which Gavotte Can Be Danced.

of quietly in front. This is one of the prettiest positions of all. This step is the same, with the additional fact that you can turn independently of each other after taking eight steps forward and eight steps backward, and continue the step in the same direction.

The Last Step. We now come to the last step, which is a trifle different from the others, inasmuch as, instead of rocking backward and forward, you take two slow steps forward, then three steps backward. Take one teaspoonful of bulk of magnesia before meals. Sleep in a well ventilated room, and get plenty of exercise in the fresh air.

2. Tobacco in any form is more or less harmful to the body.

E. P. M. S.—What can I do for crusty eyelids, my eyes get inflamed very easily?

A. You may apply ammoniated mercury ointment, 6 grains to the 1/2 ounce of vaseline to the eyelids.

L. M. W.—Would cutting eye and stomach teeth make a child look pale and have a coated tongue continually refuse to eat? 2. Can you suggest something for me to give him to make him eat? He is twenty-two months old, and does not sleep or eat. 3. How would I know if he had worms? 4. Is there a cure for them? 5. What do you think of—tonic for him?

A. No, it would not. 2. He needs more green vegetables, fruit juice, sunlight and fresh air and to go to sleep at 8 p. m. 3. You would find them. He has no worms. 4. They are easily cured. 5. He needs mixed foods and water, not medicines.

H. J. R.—Please give me a remedy for my irritability. 2. What are the indications for the disease known as "thrush"? 3. Will chlorophane treatment help me in chronic appendicitis? 4. What is good for drooping in the early stages?

A. 1. Alcohol and cold applications on the outside of the neck will relieve you. You should also have local treatment to the inside of the throat. 2. A white scum on the tongue. It is a mold which requires surgical treatment. 3. Almost any kind of treatment helps a little. 4.

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A. You should have three hours sleep in the afternoon, and from eight to ten hours sleep at night. Take a cold shower over the neck, shoulders and arms when you have the headaches, and apply electricity to the head. Take fifteen drops of aromatic spirits of ammonia in water when you have the headaches.

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